again, and benefitted by my work. Where is the fault, I wonder? Is it in the early bringing up, or is it that we are all more or less lazy, and slur over what does not appear on the surface. Perhaps it is a little of both, but the fact of the incapacity of the average Britisher to perform the most ordinary domestic duties satisfactorily is not to our national credit. When we get our curriculum of nursing education defined I must say that I hope that an exhaustive course of instruction in domestic cleanliness will be included.

Yours faithfully,

CLEANLINESS.

## Motice.

For the future, copies of the NURSING RECORD will be on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depôt.

## Comments and Replies.

*Mrs. L. H. E.*—We believe the Sister Superior of St. John's House, Norfolk Street, Strand, has had some practical experience of the subject upon which you write. We should advise you to call upon her; we feel sure she would give you any information which it is in her power to afford.

Country Matron.—You will find the details as to the admission to the Conference of the Matrons' Council in another column. We think that you would find some of the papers very helpful. There can be no doubt that the advantages afforded by the Conference to matrons to discuss their own affairs are very great. The isolation of a matron's position is realized only by those who have experienced it.

One of the Laity.—You will not get more than a very superficial insight into nursing in a three months' course. If this is all the time you can spare you would be wise, we think, to go to a small hospital, as you will see a greater variety of cases in the time than you would in a large hospital where the cases are more classified. We must impress upon you, however, that you cannot hope to learn much in this time beyond the depths of your own ignorance on nursing matters.

Miss F., Dublin.—Many thanks for your letter. We propose to deal with the matter in an early issue as we consider it of considerable public interest.

District Nurse, Birmingham.—An old-fashioned but very excellent way of keeping a jacket poultice in position is by fastening over it a thin towel. This is pinned together upon the shoulders by safety pins, and down the left side in the same way. It has the advantage of being easily removed, and the patient consequently is not exhausted as he is apt to be if a roller bandage is frequently applied and removed. Unbleached calico is a very good material on which to spread large poultices, and can be washed out as each poultice is removed and used over again.

L. O. S., Liverpool.—We do not advise you to accept a post of district midwife even though you hold the certificate of the London Obstetrical Society. You would be well advised to obtain three years' hospital training before undertaking such a responsible position. It is always putting the cart before the horse to enter upon a special training before a general one, and the self-reliance and discipline so important to a nurse to attain are the outcome principally of a prolonged training.





